

...Praise the Lord”

Sabbath school theme song:
I will praise You, O Lord, with my whole heart.
I will tell of Your marvellous works.
I will be glad and rejoice in You
I will sing praise to Your name, O Most High.

SUNSET TODAY: 5:11 PM **NEXT WEEK: 5:20 PM**

Wednesday: January 24, 2024
Prayer Meeting @ 7:00 pm.

UPCOMING EVENTS:

WORSHIP & MUSIC SEMINAR SERIES: This afternoon @ 3:00 pm. Please see announcements.

CHAMBER MUSIC ENSEMBLE PRACTICE: 2:00 pm in Sanctuary.

UKULELE PRACTICE: 2:00 pm. Please see announcement.

HEALTH MINISTRY MEETING: Today @ 4:00 pm on Zoom.

ONLINE SENIORS MEETING: Sunday, January 28 - see announcements.

IMMANUEL ZOOM LINE: Immanuel SDA Church's Personal Meeting Room, <https://us02web.zoom.us/j/4162231992>.
PHONE LINK FOR ZOOM MEETING: For those wishing to join our Zoom meetings by phone, here is the number: **647 558 0588 ID 416 223 1992** follow the prompts, press # **IMMANUEL ZOOM LINE:** Immanuel SDA Church's Personal Meeting Room, <https://us02web.zoom.us/j/4162231992>.

Pastoral Time & Welcome Dr. Eustace Williams

Transfer of Membership, 2nd Reading:
From Immanuel
 Milen Stoyanov to Toronto Yugoslavian Adventist Church, Toronto, ON
To Immanuel
 Arlene Guthrie from Brampton Adventist Church, Brampton, ON
 Eustace Williams from Toronto Perth Avenue Adventist Church, Toronto, ON
 Marcia Williams from Toronto Perth Avenue Adventist Church, Toronto, ON

Special Presentation

WORSHIP SERVICE

Call to Worship		Dr. Eustace Williams
Invocation		Pastor Ha Rim Ji
Opening Hymn	“Praise to the Lord”	#1
Praise & Worship		Garfield Adamson
Children’s Story		Uton Robinson
Offering	Local Church Budget	Dr. Eustace Williams
Intercessory Prayer		Elder Ysmael Miranda
Scripture Reading	Psalms 100	Betsy Duggan
Introduction of Speaker		Dr. Eustace Williams
Music for Meditation		Garfield Adamson
Sermon	<i>Here I Am to Worship</i>	Benjamin Rasool
Closing Hymn	“Rejoice, Ye Pure in Heart!”	#27
Benediction		Elder Ysmael Miranda

Pianist: Beth Officer

WELCOME: A warm welcome and Happy Sabbath to all who are joining us for worship today. A special welcome to our speaker for today, Bro. Benjamin Rasool. May God bless us as we praise and worship Him today.

IMMANUEL CHAMBER MUSIC ENSEMBLE PRACTICE: Today @ 2:00 pm in the Sanctuary.

RESUMPTION OF UKULELE BAND PRACTICE: I pray you all had a good start to the New Year!! This Sabbath afternoon, we will resume band practice at 2:00 p.m. in the usual room. Please come prepared with your instruments and your music sheets as we continue to sharpen our musical skills. Looking forward to seeing you- Royston, ISM.

HEALTH MINISTRY MEETING: Members of the health team are reminded of the meeting today, January 20, at 4:00 pm on the Church Zoom line.

WORSHIP & MUSIC SEMINAR SERIES: All members are encouraged to participate in the "Worship & Music Seminar Series" this afternoon, January 20, 2024, at 3:00 PM in the sanctuary. Worship is a congregational act, done by the entire church. Let us study and explore together as a church about how we can enhance our worship experience at Immanuel!

AT REST: It is with sadness that we announce the passing of Bro. Earl Seecharan, a member who has long been supported in prayer by the Rampersad family and the Immanuel Church family. There will be no service here in Toronto as that will take place in Trinidad.

MINISTRY LEADERS: Deadline to submit/email your 2024 budget to Ella Miranda, bobelide@yahoo.com is Tuesday, January 23rd.

YOU CAN READ THE NEW TESTAMENT IN 2024. This is week 4. If you have any questions, please speak to Broston Wilson, Eman B'Dacy or Vermont Cleghorne.

SENIORS ONLINE MEETING: Sunday, January 28 at 1:30 PM is our first Zoom meeting of 2024. All Seniors and younger Immanuel members are encouraged to join our conversation on planning our year. We anticipate a young and robust dialog at our first meeting. Please join us for the fun and fellowship. Zoom Link: ID 416 223 1992 PASS CODE 4162231992.

CAMP FRENDA: It's that time of year again to register for our Annual Wintercamp at Camp Frenda. The camp dates are February 9 - 11, 2024. The cost is as follows: Adult Rate (18 and up) - \$100, Youth Rate (13-17 years) - \$90, Child Rate (4-12 years) - \$80, Children (3 years and under) FREE. Only full payment will guarantee your spot. See Ron Cresswell for details.

SHUT-IN MEMBERS

Please pray for, visit and/or call the following members:
VALLEYVIEW NURSING HOME: Calvin Butterfield

Young Adult Corner

PRAYER FOR THE SICK: Please pray for the sick among us. Sisters: Hilda Powell, Mary Paul, Khairoon Mohamed, Brother Earl Seecharan, Clara Lyle, also keep in the prayer our Seniors.

FOOD BANK DONATIONS REQUESTED: *Cash donations* are needed for grocery supplies. Please donate to our Food Bank. – Community Services Ministry.

MORNING DEVOTIONS & LESSON STUDY: Lesson discussion every Sunday to Thursday @ 10:00 am

UNITED PRAYER: Every evening @ 7:00 pm.

OFFERINGS: You are encouraged to submit your offerings via online or e-transfer to immanueltreasurer@adventistontario.org. Next week the offering will be for Ontario Conference Advance. Please remember the Church Budget in your offerings. We need your help with the needs of our own Immanuel Church each month. God bless.

HEALTH & NUTRITION TIPS FROM THE HEALTH MINISTRY: Vitamin C part 2: Some of the signs of vitamin C deficiency are: urinary tract infections; slow healing of wounds; frequent infections; abnormal nosebleeds; susceptibility to bruising; ruptured vessels in the eyes; bleeding gums and tooth loss; spoon shaped nails; red skin spots (petechiae); dry bumpy skin; excessive hair loss; painful swollen joints; muscle cramps; general weakness; fatigue; irritability; fragile bones; anemia; unexplained weight gain and possibly cancer. Causes of vitamin C deficiency are inadequate intake; high stress; some prescription drugs; cigarette smoking (which increases vitamin C requirements by 30%); high pollution; pregnancy; breastfeeding; diarrhea; surgery; burns; hyperthyroidism; and any disease or disorder that causes high inflammation or high fever. Next week we'll continue to discuss vitamin C.

PASTORAL TEAM INFORMATION

Pastor Eustace Williams
Phone 905-431-2435 (cell)
Email ewilliams@adventistontario.org
Office Phone 416-223-8142
Office Hours: Call for appointment

Pastor Ha Rim Ji
Phone 403-307-1245 (cell)
Email harimji@burmanu.ca
Office Phone 416-223-6258

1st Elder: Ernest Rampersad 905-760-2810
Interim Church Clerk: Lesley Cresswell

Church Secretary: Susan Schroder 416-223-1992
Church Office Hours: Wed. & Thurs. 11:15 am to 3:00 pm

Fax Number 416-223-6537

Ontario Conference Office 905-686-5757
ABC Bookstore (Oshawa) 1-800-263-3791
Canadian Union of SDA 905-433-0011
ADRA Canada 1-888-274-2372

NOTICES:

1. **UNITED PRAYER:** 7:00 pm every evening.
2. **BABY DEDICATION:** 3rd Sabbath of each Month
3. **COMMUNION SERVICE:** Last Sabbath, last month of each Quarter
4. **CPR** offered @ 10% discount, call 416-567-7092
5. **SENIORS MEETING:** 4th Sunday of each month @ 2:00 pm
6. **BOARD MTGS:** 2nd Monday of each Month

CHURCH BULLETIN: Deadline: TUESDAY BY 6:00 pm.

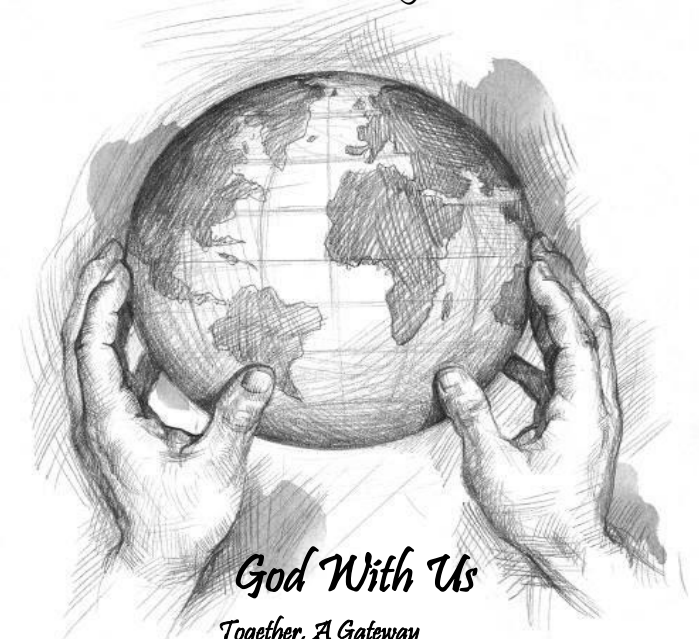
- All submissions **may be edited**
- **Send all info to immanuellda@gmail.com** (preferred) or by phone at **416-223-1992**
- Late submissions will be deferred to the next week's bulletin.
- Spell-Check before submission is appreciated
- **Announcement page is strictly for promoting Church Events**
- **All rooms bookings need to be made through the secretary.**
- **ALL announcements will run for 2 weeks and then removed. Thanks for your cooperation.**
- **All documents must be stamped before they are posted on the notice board. Please see the Secretary for stamp**

Immanuel

Seventh-day Adventist Church

A cordial welcome is extended to all!

Please come again!



God With Us

*Together, A Gateway
To Christ for all*

January 20, 2024



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