

April 13, 2024
SABBATH SCHOOL
Bible Study & Share Time
Theme: "Serving For God's Glory"

9:20 - 10:45 am

“And you shall know the truth, and the truth shall make you free.”

John 8:32 NKJV

9:20 – 9:30 am – Welcome/Praise Time - Iris Brown
 9:30 - 10:35 am – Lesson Study
 Class 1: Broston Wilson
 Class 2: Uton Robinson
 Class 3: Hans Sanchez
 10:35 - 10:40 am – Special Feature - Aurora Wilson
 10:40 – 10:45 am – Closing Thoughts - Iris Brown

SUNSET TODAY: 7.58 PM

NEXT WEEK: 8:06 PM

Sunday, Wednesday & Friday: April 14, 17 & 19, 2024

Evangelistic Series @ 7:30 pm.

UPCOMING EVENTS:

UKULELE PRACTICE: 2:00 pm. Please see announcement.

CHOIR PRACTICE: Resumes today @ 3:15 pm. Please see announcement.

BOARD MEETING: CANCELLED FOR APRIL The next Board Meeting Will be on Monday, May 13, 2024.

SENIORS MEETING: April 28 in-person. Please see announcement.

IMMANUEL ZOOM LINE: Immanuel SDA Church's Personal Meeting Room, <https://us02web.zoom.us/j/4162231992>.
PHONE LINK FOR ZOOM MEETING: For those wishing to join our Zoom meetings by phone, here is the number: 647 558 0588 ID 416 223 1992 follow the prompts, press # IMMANUEL ZOOM LINE: Immanuel SDA Church's Personal Meeting Room, <https://us02web.zoom.us/j/4162231992>.

April 13, 2024
Welcome
10:50 am

Pastoral Time & Welcome

Pastor Ha Rim Ji

WORSHIP SERVICE

Call to Worship		Elder Silvio Carnevali
Invocation Song	Majesty	
Invocation		Pastor Ha Rim Ji
Opening Hymn	“Crown Him With Many Crowns”	#223
Children’s Story		Sandra McKenzie
Offering	Hope Channel	Aurora Wilson
Intercessory Prayer		Elder Silvio Carnevali
Scripture Reading	Daniel 2:44	Diana Sotero
Praise & Worship		Carnevali Family
Music for Meditation		Matthew & Jonathan Carnevali
Sermon	<i>Are you Ready?</i>	Pastor Ha Rim Ji
Closing Hymn	“We Have This Hope”	#214
Benediction		Elder Silvio Carnevali

Elder on Duty: Silvio Carnevali

Pianist: Beth Officer

TITHE RECEIPTS: If you recognize any of the names below, or if you might be that person, please see Janet Solomon as soon as possible. Thank you.

2307976 Alberta Ltd; Bernard D.; Bernardo penate Mayo; Hannah Redhead.

FOCUS ON STEWARDSHIP: The gold and the silver are the Lord's; and He could rain them from heaven if he chose. But instead of this He has made man His steward, entrusting him with means, not to be hoarded, but to be used in benefiting others. he thus makes man the medium through which to distribute His blessings on earth. God planned the system of beneficence, in order that man might become like his Creator, benevolent and unselfish in character, and finally be a partaker with Christ of the eternal, glorious reward. *Counsels on stewardship p 15*. Dear members thank you for your willingness of returning your tithes. Please remember the church budget in your giving.

Welcome to Immanuel Church!

REACH EMPHASIS: Disciple Shift

WELCOME: A warm welcome and Happy Sabbath to all who are joining us today for the start of our Evangelistic Series. May God bless us as we praise and worship Him and learn more about the Kingdom of God.

THANK YOU: Brother and Sister Vincent Robinson would like to thank the Church Ministries for all that was done in celebration of their 68th Wedding Anniversary. It was appreciated. May God continue to bless the marriages of our church family.

PASTOR’S ABSENCE: Pastor and Sister Williams are away for a short visit to Jamaica as they lay a beloved family member to rest. We pray for God’s blessing and comfort on them during this time of sorrow and for their safe return.

CHOIR PRACTICE: Hello Choir members. Choir Practice resumes this Sabbath at 3:15 pm. Please be on time.

BOARD MEETING: Please note that the Board Meeting for April is **CANCELLED**. The next Board Meeting will be held on Monday, May 13.

EVANGELISTIC SERIES: Citizens of the Kingdom of God, are you ready for the kingdom of God? Join us for our Spring Evangelistic Series from TODAY, April 13-27, 2024, as we explore the book of Daniel, focusing on the theme of "The Kingdom of God." Meeting times will be at **11 AM and 4 PM on Saturdays**, and **7:30 on Sunday, Wednesday, and Friday evenings**. Your prayers and presence are greatly appreciated as we lead more souls into the kingdom of God. This series will be in-person as well as being streamed online.

YOU CAN READ THE NEW TESTAMENT IN 2024. This is week **16** and the chapters are John 8 – John 12. Thank you all for engaging in the reading of God's word. May you be edified and blessed. If you have any questions speak to Broston Wilson, Eman B'Dacy or Vermont Cleghorne.

IMMANUEL SENIORS MINISTRY 1st IN-PERSON MEETING: Sunday, April 28, all seniors, family, and friends of seniors are welcome to our first in-person meeting. We begin our meeting at 1:30 pm, with a full Agenda, starting with Devotion by one of our Young Adults, Health Nugget, a detailed report from the March 22, 23, Conference Convention Workshop; by Sister Ella Miranda. Delicious snacks will be served and so much more. You cannot afford to miss the fun and fellowship, so please join us. New young seniors are encouraged to join our vibrant and fun-loving group. Thank you for marking your calendar. ISM

SHUT-IN MEMBERS

Please pray for, visit and/or call the following members:
VALLEYVIEW NURSING HOME: Calvin Butterfield

Young Adult Corner

PRAYER FOR THE SICK: Please pray for the sick among us. Sisters: Mary Paul, Khairon Mohamed, Flora Martin, Clara Lyle, also keep the Seniors in prayer.

FOOD BANK DONATIONS REQUESTED: *Cash donations* are needed for grocery supplies. Please donate to our Food Bank. – Community Services Ministry.

MORNING DEVOTIONS & LESSON STUDY: Lesson discussion every Sunday to Thursday @ 10:00 am

UNITED PRAYER: Every evening @ 7:00 pm.

OFFERINGS: You are encouraged to submit your offerings via online or e-transfer to immanueltreasurer@adventistontario.org. Next week the offering will be for Local Church Budget. Please remember the Church Budget in your offerings. We need your help with the needs of our own Immanuel Church each month. God bless.

HEALTH & NUTRITION TIPS FROM THE HEALTH MINISTRY: Practices for better digestion and health part 4: Another good habit to implement for better digestion is eating the raw component of the meal first like your salad or fruit, this provides enzymes from the raw food and helps slow the digestion of the carbohydrates so there isn't a sharp spike of blood sugar. If you are a sedentary adult, eating two meals a day rather than three may also benefit your digestion and health, especially as you advance in age. Eating those two meals within the eating window of morning and early afternoon is also the best practice. **In summary:** Summary for best digestion practices: chew your food till liquified and well mixed with saliva; no snacking; space out your meals with a minimum between them of 4 hours, but to make sure digestion and cleansing of your intestinal tract is complete, 5 hours would be better; eat earlier in the day rather than later; don't eat when stressed instead, eat when relaxed with cheer and gratitude; reduce overall stress through trust in God; don't participate in heavy exercise or sleep after a meal, instead opt for gentle exercise like a 15 minute stroll; eat at regular times; don't eat and drink at the same meal; don't eat fresh fruit or sweets after a heavy protein and or fat meal; eat your raw portion of the meal first; if possible eat just two meals a day.

PASTORAL TEAM INFORMATION

Pastor Eustace Williams
Phone 905-431-2435 (cell)
Email ewilliams@adventistontario.org
Office Phone 416-223-8142
Office Hours: Call for appointment

Pastor Ha Rim Ji
Phone 403-307-1245 (cell)
Email harimji@burmanu.ca
Office Phone 416-223-6258

1st Elder: Ernest Rampersad 905-760-2810
Interim Church Clerk: Lesley Cresswell

Church Secretary: Susan Schroder 416-223-1992
Church Office Hours: Wed. & Thurs. 11:15 am to 3:00 pm

Fax Number 416-223-6537

Ontario Conference Office 905-686-5757
ABC Bookstore (Oshawa) 1-800-263-3791
Canadian Union of SDA 905-433-0011
ADRA Canada 1-888-274-2372

NOTICES:

1. **UNITED PRAYER:** 7:00 pm every evening.
2. **BABY DEDICATION:** 3rd Sabbath of each Month
3. **COMMUNION SERVICE:** Last Sabbath, last month of each Quarter
4. **CPR** offered @ 10% discount, call 416-567-7092
5. **SENIORS MEETING:** 4th Sunday of each month @ 2:00 pm
6. **BOARD MTGS:** 2nd Monday of each Month

CHURCH BULLETIN: Deadline: TUESDAY BY 6:00 pm.

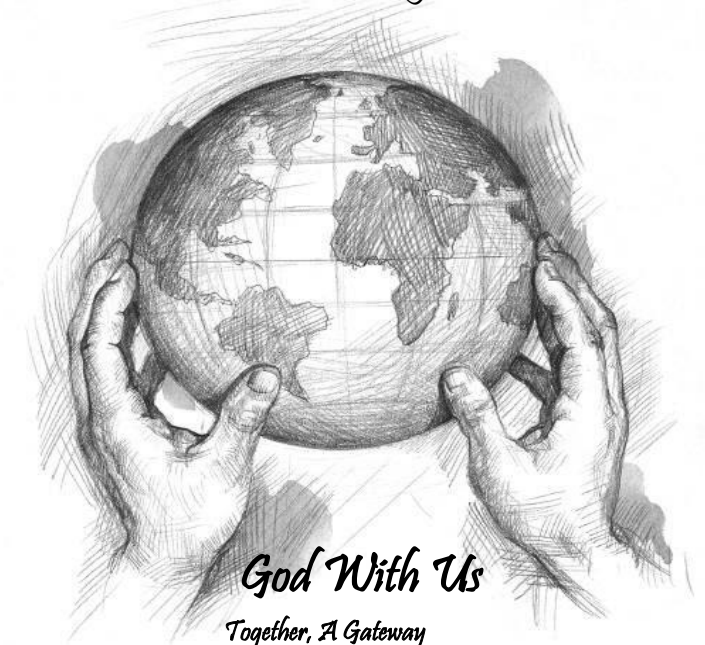
- All submissions may be edited
- Send all info to immanuelsda@gmail.com (preferred) or by phone at 416-223-1992
- Late submissions will be deferred to the next week's bulletin.
- Spell-Check before submission is appreciated
- **Announcement page is strictly for promoting Church Events**
- **All rooms bookings need to be made through the secretary.**
- **ALL announcements will run for 2 weeks and then removed. Thanks for your cooperation.**
- **All documents must be stamped before they are posted on the notice board. Please see the Secretary for stamp**

Immanuel

Seventh-day Adventist Church

A cordial welcome is extended to all!

Please come again!



God With Us

*Together, A Gateway
To Christ for all*

April 13, 2024

Evangelistic Series



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