

***April 20, 2024***  
***SABBATH SCHOOL***  
***Bible Study & Share Time***  
***Theme: "Serving For God's Glory"***

**9:20 - 10:45 am**

**“And you shall know the truth, and the truth shall make you free.”**

**John 8:32 NKJV**

9:20 – 9:30 am – Welcome/Praise Time - Myrtle Edward  
9:30 - 10:35 am – Lesson Study  
Class 1: Benjamin Rasool  
Class 2: Silvio Carnevali  
Class 3: Pastor Williams  
10:35 - 10:40 am – Mission Spotlight - Video  
10:40 – 10:45 am – Closing Thoughts - Myrtle Edward

**SUNSET TODAY:** 8:06 PM

**NEXT WEEK:** 8:15 PM

**Sunday, Wednesday & Friday: April 21, 24 & 26, 2024**

Evangelistic Series @ 7:30 pm.

**UPCOMING EVENTS:**

**UKULELE PRACTICE:** 2:00 pm. Please see announcement.

**CHOIR PRACTICE:** Today @ 3:15 pm. Please see announcement.

**SENIORS MEETING:** April 28 in-person. Please see announcement.

**BOARD MEETING:** Monday, May 13, 2024 @ 7:00 pm.

**IMMANUEL ZOOM LINE:** Immanuel SDA Church's Personal Meeting Room, <https://us02web.zoom.us/j/4162231992>.

**PHONE LINK FOR ZOOM MEETING:** For those wishing to join our Zoom meetings by phone, here is the number: **647 558 0588 ID 416 223 1992** follow the prompts, press # **IMMANUEL ZOOM LINE: Immanuel SDA Church's Personal Meeting Room, <https://us02web.zoom.us/j/4162231992>.**

***April 20, 2024***  
***Welcome***  
***10:50 am***

Pastoral Time & Welcome

Pastor Eustace Williams

Celebration for Sister Flora Martin - Len Bellemore & Ernest Rampersad

ADRA

Elder Ernest Rampersad

***WORSHIP SERVICE***

Call to Worship

Elder Jason Muloongo

Invocation Song

Majesty

Invocation

Pastor Ha Rim Ji

Opening Hymn

“I Shall See the King”

#426

Children’s Story

Greg & Rachel McKenzie

Offering

Local Church Budget

Elder Ernest Rampersad

Intercessory Prayer

Elder Jason Muloongo

Scripture Reading

Daniel 12:2-3

Cindy Le

Praise & Worship

Acoustic 5

Music for Meditation

Mara Alvarez

Sermon

*From Dust to Stars*

Pastor Ha Rim Ji

Closing Hymn

“How Sweet Are the Tidings ”

#442

Benediction

Elder Jason Muloongo

Elder on Duty: Jason Muloongo

Pianist: Choongo Mwinga

**TITHE RECEIPTS:** If you recognize any of the names below, or if you might be that person, please see Janet Solomon as soon as possible. Thank you.

2307976 Alberta Ltd; Bernard D.; Bernardo penate Mayo; Hannah Redhead.

***Welcome to Immanuel Church!***

**REACH EMPHASIS: Disciple Shift**

**WELCOME:** A warm welcome and Happy Sabbath to all who are joining us today for the continuation of our Evangelistic Series. May God bless us as we praise and worship Him and learn more about the Kingdom of God.

**UKULELE PRACTICE:** All ukulele band members are encouraged to attend the practice @ 2:00 pm today in the usual room.

**CHOIR PRACTICE:** Hello Choir members. Choir Practice continues this Sabbath at 3:15 pm. Please be on time.

**HAPPY BIRTHDAY:** The Immanuel Church Family would like to extend our warmest wishes to Sister Flora Martin on her 99th birthday! Happy birthday, Sister Martin, and may God continue to bless you as He has in the past.

**EVANGELISTIC SERIES:** Citizens of the Kingdom of God, are you ready for the kingdom of God? Our Spring Evangelistic Series, April 13-27, 2024, continues as we explore the book of Daniel, focusing on the theme of "The Kingdom of God." Meeting times will be at **11 AM and 4 PM on Saturdays**, and **7:30 on Sunday, Wednesday, and Friday evenings.** Your prayers and presence are greatly appreciated as we lead more souls into the kingdom of God. This series will be in-person as well as being streamed online.

**YOU CAN READ THE NEW TESTAMENT IN 2024.** This is week **17** and the chapters are John 13 – John 17. Thank you all for engaging in the reading of God's word. May you be edified and blessed. If you have any questions speak to Broston Wilson, Eman B'Dacy or Vermont Cleghorne.

**IMMANUEL SENIORS MINISTRY 1st IN-PERSON MEETING:** Sunday, April 28, all seniors, family, and friends of seniors are welcome to our first in-person meeting. We begin our meeting at 1:30 pm. with a full Agenda, starting with Devotion by one of our Young Adults, Health Nugget, a detailed report from the March 22, 23, Conference Convention Workshop; by Sister Ella Miranda. Delicious snacks will be served and so much more. You cannot afford to miss the fun and fellowship, so please join us. New young seniors are encouraged to join our vibrant and fun-loving group. Thank you for marking your calendar. ISM

### SHUT-IN MEMBERS

Please pray for, visit and/or call the following members:  
**VALLEYVIEW NURSING HOME:** Calvin Butterfield

### Young Adult Corner

**PRAYER FOR THE SICK:** Please pray for the sick among us. Sisters: Mary Paul, Khairon Mohamed, Flora Martin, Clara Lyle, also keep the Seniors in prayer.

**FOOD BANK DONATIONS REQUESTED:** *Cash donations* are needed for grocery supplies. Please donate to our Food Bank. – Community Services Ministry.

**MORNING DEVOTIONS & LESSON STUDY:** Lesson discussion every Sunday to Thursday @ 10:00 am

**UNITED PRAYER:** Every evening @ 7:00 pm.

**OFFERINGS:** You are encouraged to submit your offerings via online or e-transfer to [immanueltreasurer@adventistontario.org](mailto:immanueltreasurer@adventistontario.org). Next week the offering will be for Ontario Conference Advance. Please remember the Church Budget in your offerings. We need your help with the needs of our own Immanuel Church each month. God bless.

**HEALTH & NUTRITION TIPS FROM THE HEALTH MINISTRY: Vitamin K, part 1:** Vitamin K is a group of compounds with different roles in our bodies' health. There is vitamin K1 and vitamin K2, with vitamin K2 containing several subgroups. Vitamin K is a fat soluble vitamin, meaning it is absorbed much better if eaten in conjunction with a fat. Vitamin K1 is essential for blood clotting when there is an injury to the body. It is produced by plants and is abundant in green vegetables, however it can be difficult for your body to absorb this vitamin. Possible signs of deficiency are: abnormal nosebleeds; blood in the urine; excessive menstrual bleeding; bruises of unknown origin; prolonged clotting time; and osteoporosis. In fact, post-menopausal women with osteoporosis often have significantly lower levels of vitamin K1. The causes of deficiency of K1 is due to lack of green vegetable consumption, prolonged diarrhea, gallbladder disease, or intestinal issues that reduce absorption. To prevent deficiencies, heal any issues that reduce absorption of nutrients and increase your intake of green vegetables, making sure there is some healthy fat added to the meal. Next week we'll continue to discuss vitamin K.

### PASTORAL TEAM INFORMATION

**Pastor Eustace Williams**  
Phone 905-431-2435 (cell)  
Email [ewilliams@adventistontario.org](mailto:ewilliams@adventistontario.org)  
Office Phone 416-223-8142  
Office Hours: Call for appointment

**Pastor Ha Rim Ji**  
Phone 403-307-1245 (cell)  
Email [harimji@burmanu.ca](mailto:harimji@burmanu.ca)  
Office Phone 416-223-6258

**1<sup>st</sup> Elder:** Ernest Rampersad 905-760-2810  
**Interim Church Clerk:** Lesley Cresswell

**Church Secretary:** Susan Schroder 416-223-1992  
**Church Office Hours:** Wed. & Thurs. 11:15 am to 3:00 pm

**Fax Number** 416-223-6537

**Ontario Conference Office** 905-686-5757  
**ABC Bookstore (Oshawa)** 1-800-263-3791  
**Canadian Union of SDA** 905-433-0011  
**ADRA Canada** 1-888-274-2372

### NOTICES:

1. **UNITED PRAYER:** 7:00 pm every evening.
2. **BABY DEDICATION:** 3<sup>rd</sup> Sabbath of each Month
3. **COMMUNION SERVICE:** Last Sabbath, last month of each Quarter
4. **CPR** offered @ 10% discount, call 416-567-7092
5. **SENIORS MEETING:** 4<sup>th</sup> Sunday of each month @ 2:00 pm
6. **BOARD MTGS:** 2<sup>nd</sup> Monday of each Month

### **CHURCH BULLETIN: Deadline: TUESDAY BY 6:00 pm.**

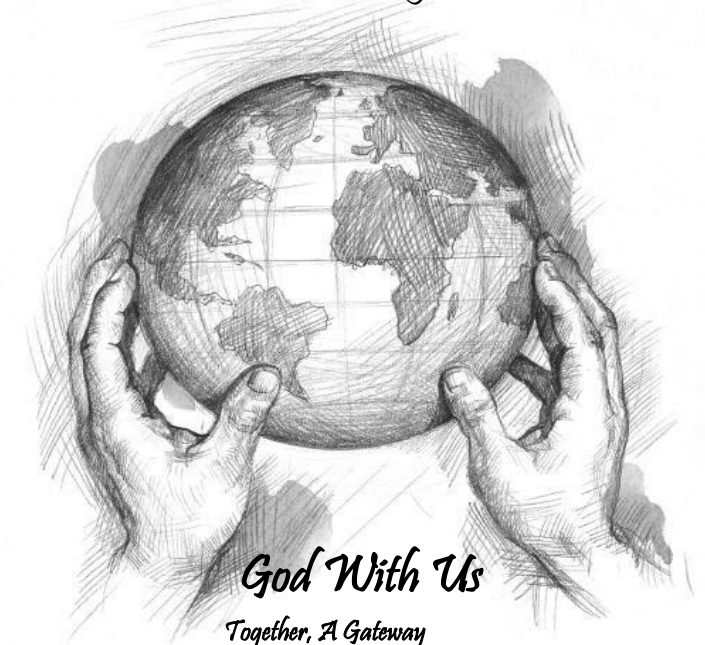
- All submissions may be edited
- Send all info to [immanuelsda@gmail.com](mailto:immanuelsda@gmail.com) (preferred) or by phone at 416-223-1992
- Late submissions will be deferred to the next week's bulletin.
- Spell-Check before submission is appreciated
- **Announcement page is strictly for promoting Church Events**
- **All rooms bookings need to be made through the secretary.**
- **ALL announcements will run for 2 weeks and then removed. Thanks for your cooperation.**
- **All documents must be stamped before they are posted on the notice board. Please see the Secretary for stamp**

# Immanuel

## Seventh-day Adventist Church

*A cordial welcome is extended to all!*

*Please come again!*



*God With Us*

*Together, A Gateway  
To Christ for all*

*April 20, 2024  
Evangelistic Series*



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