

Shut-In Members

Please pray for, visit and/or call the following members:

- **VALLEYVIEW NURSING HOME:** Calvin Butterfield
- **GIBSON LONG-TERM CARE (Steeles & Leslie):** Flora Martin

Young Adult Corner

Do you need guidance, healing, or simply want to express gratitude? Our new Prayer Box is now available in the foyer. We invite you to write down your prayer requests and share your heart. Let's not carry our burdens alone.

Prayer For the Sick

Please pray for the sick among us. Sisters: Mary Paul, Flora Martin, also keep the Seniors in prayer.

Building Fund Donations Requested

For our next maintenance project please donate using the tithe envelopes and indicate clearly - Building Fund - Building Committee

Food Bank Help Needed

The Community Services Food Bank needs volunteers to help every Wednesday morning from 9 am to 10 am to assist in offloading the delivery truck. Please contact any of the following individuals: Myrtle Bailey; Anthony (Tony) Blake; Myrtle Edwards; Lerona Johnson; Gary Adamson.

Worthy Student Assistance Fund

As the academic school year has now resumed, a kind request to please provide donations to the Worthy Student Assistance Fund so that we can support our young, bright and talented children currently at school or university. These are the precious jewels of God.

Members Corner

Our Pastoral Team

Pastor Eustace Williams

1-888-223-1992
ewilliams@adventistontario.org

1-888-223-1992
ewilliams@adventistontario.org

1st Elder: Jason Muloongo
Church Clerk: Brenda Rasool
Church Secretary: Susan Schroder

1-888-223-1992
1-888-223-1992
416-223-1992

Church Office Hours:
Wed. & Thurs. 10:15 am to 4:00 pm

Ontario Conference Office
ABC Bookstore (Oshawa)
Canadian Union of SDA
ADRA Canada

905-686-5757
1-800-263-3791
905-433-0011
1-888-274-2372

Notices

- 1 **UNITED PRAYER:** 7:00 pm every evening.
- 2 **COMMUNION SERVICE:** Last Sabbath, last month of Quarter
- 3 **CPR offered @ 10% discount, call 416-567-7092**
- 4 **SENIORS MEETING:** 4th Sunday of each month @ 1:30 pm
- 5 **BOARD MTGS:** 2nd Monday of each Month @ 7:00 pm
- 6 **CHURCH BULLETIN:** Send all info to immanuelsd@gmail.com (preferred) or by phone at 416-223-1992. Spell-Check before submission is appreciated.

Health Nugget

Grounding: Using direct skin contact with the earth or natural bodies of water is zero cost. However, during the winter months and inclement weather, this natural form is more difficult to achieve. For more benefit, longer periods of grounding is recommended and 30 minutes to 1 hour is harder to carve out that time in a busy day. To allow longer times, or for convenience, grounding mats, sheets, or patches that mimic the process of natural earthing and plug into an electrical outlet can be used to allow you to multi-task and ground while you sit, or sleep. For homes with low quality electrical circuits or older homes without grounded outlets, grounding mats that have a stake that is put directly into the earth can be used.

Oschman, J. L., Chevalier, G., & Brown, R. (2015). The effects of grounding (earthing) on inflammation, the immune response, wound healing, and prevention and treatment of chronic inflammatory and autoimmune diseases. *Journal of Inflammation Research*, 8, 83-96. <https://doi.org/10.2147/JIR.S69656>



God With Us
Together, A Gateway
To Christ for all

FEBRUARY 7, 2026

"Not By Might, But By My Spirit" Zechariah 4:6

418 Drewry Ave. North York, ON M2R 2K5

1-888-223-1992

immanuelsd@gmail.com

immanuelsd.org

February 7, 2026

SABBATH SCHOOL

Bible Study & Share Time Theme:
"Not By Might, But By My Spirit"

09:20 - 10:50 am

John 8:32 NKJV

"And you shall know the truth, and the truth shall make you free."

9:20 am - Welcome & Praise ————— Iris Brown

9:30 am - Lesson Study ————— Royston McKenzie
Greg McKenzie
Uton Robinson

10:40 am - Mission Spotlight ————— Video
10:45 am - Closing Remarks ————— Iris Brown

SUNSET TODAY: 5:36 PM **NEXT WEEK: 5:46 PM**

UPCOMING EVENTS:

ADVENTIST MINISTRIES CONVENTION: March 13 - 14. 2026

SENIORS' MINISTRY MEETING: Online, Sunday, Feb. 22, 2026

DAILY SABBATH SCHOOL STUDY

Sunday to Thursday 10-11 am via Zoom
Meeting ID 416-223-1992, PW 416-223-1992

WEDNESDAY: FEB. 11, 2026

Our Wednesday night Prayer Meetings are held on Zoom @ 7:00 pm.
Please join us.

OFFERINGS:

Please submit your offerings at church, online or e-transfer. **We need your help with the needs of our own Immanuel Church each month.**
Please remember the Church Budget in your offerings. God bless. E-transfers to immanueltreasurer@adventistontario.org

February 7, 2026

WORSHIP SERVICE

10:50 am

MEMBERSHIP TRANSFER TO IMMANUEL - 2nd READING

Shurnelle Spencer - University of the Southern Caribbean
SDA Church

Pastoral Time
Call to Worship
Invocation Song - Praise God From Whom All...
Invocation
Opening Hymn - We Speak of the Realms
Praise & Worship
Children's Story
Welcome
Examination of Baptismal Candidates
Offering Appeal - Local Church Budget
Intercessory Prayer
Scripture Reading - Acts 4:13 - 20
Music For Meditation
Sermon - Sight That Speaks
Baptism - Farzad Nemati, Maryam Ismaeili, Irene Lamontagne
Closing Hymn - Mine Eyes Have Seen the Glory
Benediction

Elder on Duty: Aurora Wilson
Pianist: Maybelle Bradshaw
A/V Operators: Kaitlin Sohar; Alex Masikat

AFTERNOON

BIBLE CLASS 2:30 - 3:30 PM - GREG MCKENZIE
SMALL GROUP TRAINING: 3:30 - 4:30 PM



FOR MORE UPDATES SCAN ME



WELCOME

ECHO: Excellence, Community, Hope, Oneness

MISSION

We are a diverse family, growing in Christ as we welcome and serve our community.

WELCOME

A warm welcome to all who are joining us for worship in the sanctuary or online. May God bless us as we worship Him together.

UKULELE BAND PRACTICE

Ukulele Band practice today from 2:00 - 3:00 pm, and also on February 14 and 21.

BOARD MEETING: Monday, February 9 @ 7:00 pm. All Board Members are encouraged to attend.

ADVENTISTONTARIO.TV (AOTV) - NOW STREAMING 24/7. Watch inspiring content on YouTube, Amazon Fire TV, Roku TV, or visit www.AdventistOntario.TV. Simply search for "AdventistOntarioTV."

CONFERENCE-WIDE DIGITAL OUTREACH DAY on Sabbath, February 14, 2026. Watch AOTV and share Christ-centred Adventist content across all social media platforms. Together, let's spread hope and faith online. For instructions and resources, please visit <https://tinyurl.com/Feb14DigitalOutreach>.

VACATION BIBLE SCHOOL

Save the date! June 29th to July 3rd. In a world filled with worry and confusion, kids need to know there is a God for them. At Emerald Crossing VBS, they will journey through Ireland's lush landscapes, exploring the powerful words of Psalm 23. Volunteers needed. Please contact Diana or Monica if you are interested in helping.