

## Shut-In Members

Please pray for, visit and/or call the following members:

- GIBSON LONG-TERM CARE (Steeles & Leslie): Flora Martin
- 

## Young Adult Corner

Do you need guidance, healing, or simply want to express gratitude? Our new Prayer Box is now available in the foyer. We invite you to write down your prayer requests and share your heart. Let's not carry our burdens alone.

## Prayer For the Sick

Please pray for the sick among us. Sisters: Mary Paul, Flora Martin, also keep the Seniors in prayer.

## Building Fund Donations Requested

For our next maintenance project please donate using the tithe envelopes and indicate clearly - Building Fund - Building Committee

## Food Bank Help Needed

The Community Services Food Bank needs volunteers to help every Wednesday morning from 9 am to 10 am to assist in offloading the delivery truck. Please contact any of the following individuals: Myrtle Bailey; Anthony (Tony) Blake; Myrtle Edwards; Leron Johnson; Gary Adamson.

## Worthy Student Assistance Fund

As the academic school year has now resumed, a kind request to please provide donations to the Worthy Student Assistance Fund so that we can support our young, bright and talented children currently at school or university. These are the precious jewels of God.

## Members Corner

# Our Pastoral Team

### Pastor Eustace Williams

☎ 1-905-431-2435  
✉ ewilliams@adventistontario.org

### Pastor Benjamin Rasool

☎ 416-856-3461  
✉ brasool@adventistontario.org

1st Elder: Jason Muloongo

Church Clerk: Brenda Rasool

Church Secretary: Susan Schroder

immanuelclerk418@gmail.com

416-223-1992

### Church Office Hours:

Wed. & Thurs. 10:30 am to 2:00 pm

Ontario Conference Office

ABC Bookstore (Oshawa)

Canadian Union of SDA

ADRA Canada

905-686-5757

1-800-263-3791

905-433-0011

1-888-274-2372

## Notices

- 1 UNITED PRAYER: 7:00 pm every evening.
- 2 COMMUNION SERVICE: Last Sabbath, last month of Quarter
- 3 CPR offered @ 10% discount, call 416-567-7092
- 4 SENIORS MEETING: 4th Sunday of each month @ 1:30 pm
- 5 BOARD MTGS: 2nd Monday of each Month @ 7:00 pm
- 6 CHURCH BULLETIN: Send all info to immanuelsda@gmail.com (preferred) or by phone at 416-223-1992. Spell-Check before submission is appreciated.

## Health Nugget

**Superfoods: Açai the purple powerhouse:** Açai fruit, native to the Amazon rainforest, are deep purple berries famous for their incredibly high antioxidant content, specifically anthocyanins. Açai fruit has some of the most potent antioxidants which work by neutralizing free radicals, protecting body cells from oxidative stress and subsequent damage. It helps to regenerate stem cells, and contains dietary fiber with 19 different amino acids. Furthermore, clinical studies indicate that regular açai consumption supports cardiovascular wellness. The fruit's unique plant sterols and hypolipidemic properties help manage cholesterol profiles by preventing dietary lipids from fully absorbing into the bloodstream. For maximum health benefits, opt for organic fruit with the skin. Integrating açai into daily routines whether through frozen pulp or unsweetened powders delivers an efficient, natural boost to long-term cellular and heart health.

Alessandra-Perini, J., Rodrigues-Baptista, K. C., Machado, D. E., Brunetti, M. N. S., Santos, T. A. D., de Moura, R. S., ... & Perini, J. A. (2023). Açai (*Euterpe oleracea* Mart.) in health and disease: A critical review. *Nutrients*, 15(4), 989. [doi.org](https://doi.org/10.3390/15040989)



Seventh-day  
Adventist® Church

IMMANUEL

# God With Us

Together, A Gateway  
To Christ for all

**JUNE 27, 2026**

**“Follow Me, and I will  
make you...” Matthew 4:19**

418 Drewry Ave. North York, ON M2R 2K5

☎ 416-223-1992

✉ immanuelsda@gmail.com

🌐 immanuelsda.org

June 27, 2026

# SABBATH SCHOOL

**Bible Study & Share Time Theme:**  
**"Not By Might, But By My Spirit"**

09:20 - 10:50 am

**John 8:32 NKJV**

"And you shall know the truth, and the truth shall make you free."

9:20 Praise Time Ernest Rampersad  
9:30 Sabbath School Lesson Greg McKenzie

9:55 Lesson Ends

**SUNSET TODAY: 9:03 PM NEXT WEEK: 9:02 PM**

### UPCOMING EVENTS:

**BOARD MEETING: JULY 13**  
**COMMUNION: JULY 11**

### DAILY SABBATH SCHOOL STUDY

Sunday to Thursday 10-11 am via Zoom  
Meeting ID 416-223-1992, PW 416-223-1992

### WEDNESDAY: JULY 1, 2026

Our Wednesday night Prayer Meetings are held on Zoom @ 7:00 pm. Please join us as we study the seven churches of Revelation and pray.

### OFFERINGS:

Please submit your offerings at church, online or e-transfer. **We need your help with the needs of our own Immanuel Church each month.** Please remember the Church Budget in your offerings. God bless. E-transfers to [immanueltreasurer@adventistontario.org](mailto:immanueltreasurer@adventistontario.org)

June 27, 2026

# WORSHIP SERVICE

10:00 am

**Presentation - The Lemons**  
**Forgive to Love**

Pastoral Time  
Call to Worship  
Invocation Song - Praise God From Whom  
Invocation  
Opening Hymn - Happy the Home  
Praise & Worship  
Children's Story  
Welcome  
Offering Appeal - Ontario Advance  
Thanksgiving Music  
Intercessory Prayer  
Scripture Reading - 1 Corinthians 13:4 - 8  
Introduction of Speaker  
Music for Meditation  
Sermon - Love Never Fails  
Closing Hymn- Love at Home  
Benediction

Pastor Eustace Williams  
Elder Ysmael Miranda #694  
Pastor Mike Lemon #655  
5PAK  
Rene Lemon  
Pastor Eustace Williams  
Diana Achim  
Beth Officer  
Elder Ysmael Miranda  
Victoria Serry  
Pastor Eustace Williams  
Margaret Meikle  
Marlon & Doreen Cliffe #652  
Elder Ysmael Miranda

**AFTERNOON**  
Program continues @ 2:00 pm

Elder on duty: Ysmael Miranda  
Pianist: Beth Officer  
A/V Operators: Matthew, Jonathan & Andrei



FOR MORE UPDATES SCAN ME

# WELCOME

**Excellence, Community, Hope, Oneness (E.C.H.O)**

### MISSION

We are a diverse family, growing in Christ as we welcome and serve our community.

### WELCOME

A warm welcome to all who are joining us for worship today, in-person or online. A very special welcome to our guest speakers. May God bless you.

### AFTERNOON PROGRAM - 2:00 PM

Praise & Worship - Gary Adamson  
Opening Prayer & Introduction - Elder Jason Muloongo  
The Determining Factor - Mike & Rene Lemon; Marlon & Doreen Cliffe  
Managing Perpetual Problems  
Closing Prayer - Pastor Eustace Williams  
Vote of Thanks - Marcia Williams  
Presentation of Gifts  
Light Refreshments in the Fellowship Hall

### YOUNG WOMEN'S BIBLE STUDY

Every Tuesday @ 6:30 pm in the Fellowship Hall of Immanuel Church. June 9 to July 28. Please join us for this time of prayer and fellowship. Light refreshments will be served.

### VACATION BIBLE SCHOOL

Save the date! June 29th to July 3rd. In a world filled with worry and confusion, kids need to know there is a God for them. At Emerald Crossing VBS, they will journey through Ireland's lush landscapes, exploring the powerful words of Psalm 23. Volunteers needed. Please contact Diana or Monica if you are interested in helping.

### IN-PERSON SENIORS MEETING

Tomorrow, Sunday, June 28, 2026, at 1:00 pm. All Seniors are encouraged to attend..