

Shut-In Members

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Young Adult Corner

Do you need guidance, healing, or simply want to express gratitude? Our new Prayer Box is now available in the foyer. We invite you to write down your prayer requests and share your heart. Let's not carry our burdens alone.

Prayer For the Sick

Please pray for the sick among us and also keep the Seniors in prayer.

Building Fund Donations Requested

For our next maintenance project please donate using the tithe envelopes and indicate clearly - Building Fund – Building Committee

Food Bank Help Needed

The Community Services Food Bank needs volunteers to help every Wednesday morning from 9 am to 10 am to assist in offloading the delivery truck. Please contact any of the following individuals: Myrtle Bailey; Anthony (Tony) Blake; Myrtle Edwards; Leron Johnson; Gary Adamson.

Worthy Student Assistance Fund

As the academic school year has now resumed, a kind request to please provide donations to the Worthy Student Assistance Fund so that we can support our young, bright and talented children currently at school or university. These are the precious jewels of God.

Members Corner

Our Pastoral Team

Pastor Eustace Williams

☎ 1-905-431-2435
✉ ewilliams@adventistontario.org

Pastor Benjamin Rasool

☎ 416-856-3461
✉ brasool@adventistontario.org

1st Elder: Jason Muloongo
Church Clerk: Brenda Rasool
Church Secretary: Susan Schroder

jason@funda.ac
immanuelclerk418@gmail.com
416-223-1992

Church Office Hours:
Wed. & Thurs. 10:30 am to 2:00 pm

Ontario Conference Office
ABC Bookstore (Oshawa)
Canadian Union of SDA
ADRA Canada

905-686-5757
1-800-263-3791
905-433-0011
1-888-274-2372

Notices

- 1 UNITED PRAYER: 7:00 pm every evening.**
- 2 COMMUNION SERVICE: Last Sabbath, last month of Quarter**
- 3 CPR offered @ 10% discount, call 416-567-7092**
- 4 SENIORS MEETING: 4th Sunday of each month @ 1:00 pm**
- 5 BOARD MTGS: 2nd Monday of each Month @ 7:00 pm**
- 6 CHURCH BULLETIN: Send all info to immanuelsda@gmail.com (preferred) or by phone at 416-223-1992. Spell-Check before submission is appreciated.**

Health Nugget

Superfoods: Bee Products: Raw unpasteurized honey is a nutrient rich medicine and sweetener. It contains natural pollen, amino acids, vitamins, live enzymes and acts as a prebiotic to feed beneficial gut bacteria. Manuka honey is a unique variety of honey produced by bees that pollinate the mānuka bush in New Zealand and parts of Australia. Unlike regular honey, manuka honey contains high levels of methylglyoxal (MGO), a naturally occurring compound responsible for much of its antibacterial activity. Research has shown that manuka honey may help promote wound healing, inhibit the growth of certain harmful bacteria, fungi and viruses, and support oral health by reducing plaque and gingivitis. Manuka honey has been used to treat burns, persistent ulcers, difficult skin infections and gut imbalances. Its antioxidant and anti-inflammatory properties may also contribute to overall wellness. Manuka honey is a valuable addition to a healthy diet, but should be enjoyed in moderation due to its natural sugar content. Carter, D. A., Blair, S. E., Cokcetin, N. N., Bouzo, D., Brooks, P., Schothauer, R., & Harry, E. J. (2016). Therapeutic manuka honey: No longer so alternative. *Frontiers in Microbiology*, 7, Article 569. <https://doi.org/10.3389/fmicb.2016.00569>



Seventh-day
Adventist® Church

IMMANUEL

God With Us

Together, A Gateway
To Christ for all

AUGUST 1, 2026

**“Follow Me, and I will
make you...” Matthew 4:19**

418 Drewry Ave. North York, ON M2R 2K5

☎ 416-223-1992

✉ immanuelsda@gmail.com

🌐 immanuelsda.org

August 1, 2026

SABBATH SCHOOL

Bible Study & Share Time Theme:
"Not By Might, But By My Spirit"

09:20 - 10:50 am

John 8:32 NKJV

"And you shall know the truth, and the truth shall make you free."

9:20 Praise Time & Welcome	Ernest Rampersad
9:30 Sabbath School Lesson	Royston McKenzie
	Uton Robinson
	Greg McKenzie
10:40 Mission Spotlight	Video
10:45 Closing Remarks	Ernest Rampersad

SUNSET TODAY: 8:40 PM NEXT WEEK: 8:31 PM

UPCOMING EVENTS:

CHURCH PICNIC: AUGUST 9

DAILY SABBATH SCHOOL STUDY

Sunday to Thursday 10-11 am via Zoom
Meeting ID 416-223-1992, PW 416-223-1992

WEDNESDAY: AUGUST 5, 2026

Our Wednesday night Prayer Meetings are held on Zoom @ 7:00 pm.
Please join us as we study and pray.

OFFERINGS:

Please submit your offerings at church, online or e-transfer. **We need your help with the needs of our own Immanuel Church each month.** Please remember the Church Budget in your offerings. God bless. E-transfers to immanueltreasurer@adventistontario.org

August 1, 2026

WORSHIP SERVICE

10:50 am

Pastoral Time
Baby Dedication - Emmanuel Jean Villarrago Castro
Baby Dedication - Elena Isabel Sanchez Aguilar
Call to Worship
Invocation Song - Praise God From Whom
Invocation
Opening Hymn - Great Is Thy Faithfulness
Praise & Worship
Children's Story
Welcome
Offering Appeal - Local Church Budget
Intercessory Prayer
Scripture Reading - #796 (SDAH)
Music for Meditation
Sermon - Ruth for the Ruined - Part 2
Closing Hymn - God Will Take Care of You
Benediction

Pastor Benjamin Rasool
Pastor Ha Rim Ji
Pastor Ha Rim Ji
Elder Aurora Wilson
#694
Pastor Eustace Williams
#100
Hans Sanchez
Madeleine Henry
Pastor Benjamin Rasool
Ernest Rampersad
Elder Aurora Wilson
Betsy Duggan
Instrumental
Pastor Eustace Williams
#99
Elder Aurora Wilson

AFTERNOON

Elder on duty: Aurora Wilson
Pianist: Jonathan Carnevali
A/V Operators: Kaitlin Sohar, Sofia Villarraga



FOR MORE UPDATES SCAN ME

WELCOME

Excellence, Community, Hope, Oneness (E.C.H.O)

MISSION

We are a diverse family, growing in Christ as we welcome and serve our community.

WELCOME

A warm welcome to all who are joining us for worship today, in-person or online.. A very warm welcome back to to Pastor Ji.

NOMINATING COMMITTEE

The next meeting of the Nominating Committee is Sabbath, Aug. 8, 2026. This will convene in the Loft at 3:00 pm.

GATHER AND GO SABBATH

Gather & Go Sabbath is today, August 1. May God bless us as we fellowship in our homes or out in nature.

FUNERAL FOR COURTNEY FLORENT

The Funeral Service for Courtney Florent, son of Sis. Lorna Florent will be tomorrow, Sunday, August 2, 2026, at the Immanuel Seventh-day Adventist Church. Viewing will take place from 10:00 am to 11:00 am, and the service will begin at 11:00 am.

CHURCH PICNIC

August 9 from 10:00 am to 6:00 pm @ G. Ross Lord Park.