

Shut-In Members

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Young Adult Corner

Do you need guidance, healing, or simply want to express gratitude? Our new Prayer Box is now available in the foyer. We invite you to write down your prayer requests and share your heart. Let's not carry our burdens alone.

Prayer For the Sick

Please pray for the sick among us and also keep the Seniors in prayer.

Building Fund Donations Requested

For our next maintenance project please donate using the tithe envelopes and indicate clearly - Building Fund – Building Committee

Food Bank Help Needed

The Community Services Food Bank needs volunteers to help every Wednesday morning from 9 am to 10 am to assist in offloading the delivery truck. Please contact any of the following individuals: Myrtle Bailey; Anthony (Tony) Blake; Myrtle Edwards; Leron Johnson; Gary Adamson.

Worthy Student Assistance Fund

As the academic school year has now resumed, a kind request to please provide donations to the Worthy Student Assistance Fund so that we can support our young, bright and talented children currently at school or university. These are the precious jewels of God.

Members Corner

Our Pastoral Team

Pastor Eustace Williams

☎ 1-905-431-2435
✉ ewilliams@adventistontario.org

Pastor Benjamin Rasool

☎ 416-856-3461
✉ brasool@adventistontario.org

1st Elder: Jason Muloongo
Church Clerk: Brenda Rasool
Church Secretary: Susan Schroder

jason@funda.ac
immanuelclerk418@gmail.com
416-223-1992

Church Office Hours:
Wed. & Thurs. 10:30 am to 2:00 pm

Ontario Conference Office
ABC Bookstore (Oshawa)
Canadian Union of SDA
ADRA Canada

905-686-5757
1-800-263-3791
905-433-0011
1-888-274-2372

Notices

- 1 UNITED PRAYER: 7:00 pm every evening.**
- 2 COMMUNION SERVICE: Last Sabbath, last month of Quarter**
- 3 CPR offered @ 10% discount, call 416-567-7092**
- 4 SENIORS MEETING: 4th Sunday of each month @ 1:00 pm**
- 5 BOARD MTGS: 2nd Monday of each Month @ 7:00 pm**
- 6 CHURCH BULLETIN: Send all info to immanuelsda@gmail.com (preferred) or by phone at 416-223-1992. Spell-Check before submission is appreciated.**

Health Nugget

Superfoods: Aloe Vera: Aloe vera, a desert succulent plant is exceptionally nutrient-dense and the raw gel contains important vitamins, minerals, powerful antioxidants, fiber, and polysaccharides. These polysaccharides help lubricate your joints, brain, nervous system and brain. They also protect cells from oxidative stress and modulate and improve immune function. Clinical studies reveal that oral consumption of aloe vera can significantly improve fasting blood sugar levels and help stabilize glucose metabolism. Aloe is famously known as a digestive aid and for its ability to soothe and promote healing in the digestive tract. It can combat symptoms of heartburn, acid reflux, colitis, ulcers, and IBS. Aloe can kill harmful yeast and support the renewing of the cells lining the intestinal tract. If possible, enjoy aloe raw, directly from the plant and use the inner clear gel, as the outer rind and latex contain aloin, a compound that has a purging effect. If fresh aloe is unavailable, consume bottled, purified, food-grade aloe inner gel. Sánchez, M., González-Burgos, E., Iglesias, I., & Gómez-Serranillos, M. P. (2020). Pharmacological update properties of Aloe vera and its major active constituents. *Molecules*, 25(6), 1324.
<https://pmc.ncbi.nlm.nih.gov/articles/PMC7144722/>



Seventh-day
Adventist® Church

IMMANUEL

God With Us

Together, A Gateway
To Christ for all

AUGUST 8, 2026

**“Follow Me, and I will
make you...” Matthew 4:19**

418 Drewry Ave. North York, ON M2R 2K5

☎ 416-223-1992

✉ immanuelsda@gmail.com

🌐 immanuelsda.org

August 8, 2026

SABBATH SCHOOL

Bible Study & Share Time Theme:
"Not By Might, But By My Spirit"

09:20 - 10:50 am

John 8:32 NKJV

"And you shall know the truth, and the truth shall make you free."

9:20 Praise Time & Welcome	Victoria Serry
9:30 Sabbath School Lesson	Silvio Carnevali
	Benjamin Rasool
	Greg McKenzie
10:40 Mission Spotlight	Video
10:45 Closing Remarks	Victoria Serry

SUNSET TODAY: 8:31 PM NEXT WEEK: 8:20 PM

UPCOMING EVENTS:

SENIORS MEETING: AUGUST 23
YOUTH DAY: SEPTEMBER 5
BOARD MEETING: SEPTEMBER 14

DAILY SABBATH SCHOOL STUDY

Sunday to Thursday 10-11 am via Zoom
Meeting ID 416-223-1992, PW 416-223-1992

WEDNESDAY: AUGUST 12, 2026

Our Wednesday night Prayer Meetings are held on Zoom @ 7:00 pm.
Please join us as we study and pray.

OFFERINGS:

Please submit your offerings at church, online or e-transfer. **We need your help with the needs of our own Immanuel Church each month.** Please remember the Church Budget in your offerings. God bless. E-transfers to immanueltreasurer@adventistontario.org

August 8, 2026

WORSHIP SERVICE

10:50 am

Pastoral Time
Call to Worship
Invocation Song - Praise God From Whom
Invocation
Opening Hymn - Joyful, Joyful, We Adore Thee
Praise & Worship
Children's Story
Welcome
Offering Appeal - Christian Record Service
Intercessory Prayer
Scripture Reading - 2 Corinthians 5:17 - 20
Introduction of Speaker
Music for Meditation
Sermon - Called to be God's Ambassador
Closing Hymn - At the Cross
Benediction

AFTERNOON

Ukulele Practce - 2:00 pm
Bible Study - 2:00 pm
Small Groups: 3:00 pm

Elder on duty: Ysmael Miranda
Pianist: Lesley Cresswell
A/V Operators: Andre & Jonathan

Pastor Benjamin Rasool
Elder Ysmael Miranda
#694
Pastor Sereivudh Ly
#12
4PAK
Nena Henry
Pastor Benjamin Rasool
Broston Wilson
Elder Ysmael Miranda
Victoria Serry
Pastor Eustace Williams

Pastor Sereivudh Ly
#163
Elder Ysmael Miranda



FOR MORE UPDATES SCAN ME

WELCOME

Excellence, Community, Hope, Oneness (E.C.H.O)

MISSION

We are a diverse family, growing in Christ as we welcome and serve our community.

WELCOME

A warm welcome to all who are joining us for worship today, in-person or online.. A very warm welcome to our guest speaker, Pastor Sereivudh Ly.

NOMINATING COMMITTEE

The next meeting of the Nominating Committee is this Sabbath, Aug. 8, 2026. This will convene in the Loft at 3:00 pm.

FIRST AID VOLUNTEERS REQUESTED

Immanuel Seventh-day Adventist Church is seeking volunteers to serve as First Aiders on Duty during Divine Services. If you are a physician, nurse, or hold a current CPR certification, we would be grateful for your assistance in this important ministry. If you are willing to volunteer, please contact Arlene Guthrie, Nena O'Reggio or any member of the Health Ministry Team, the Pastor, or an elder. Thank you for prayerfully considering this opportunity to serve.

CHURCH PICNIC

Tomorrow, August 9 from 10:00 am to 6:00 pm @ G. Ross Lord Park. All are welcome! Please join us at Picnic Area 3, the fire pit.