

Shut-In Members

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Young Adult Corner

Do you need guidance, healing, or simply want to express gratitude? Our new Prayer Box is now available in the foyer. We invite you to write down your prayer requests and share your heart. Let's not carry our burdens alone.

Prayer For the Sick

Please pray for the sick among us and also keep the Seniors in prayer.

Building Fund Donations Requested

For our next maintenance project please donate using the tithe envelopes and indicate clearly - Building Fund – Building Committee

Food Bank Help Needed

The Community Services Food Bank needs volunteers to help every Wednesday morning from 9 am to 10 am to assist in offloading the delivery truck. Please contact any of the following individuals: Myrtle Bailey; Anthony (Tony) Blake; Myrtle Edwards; Leron Johnson; Gary Adamson.

Worthy Student Assistance Fund

As the academic school year has now resumed, a kind request to please provide donations to the Worthy Student Assistance Fund so that we can support our young, bright and talented children currently at school or university. These are the precious jewels of God.

Members Corner

Our Pastoral Team

Pastor Eustace Williams

☎ 1-905-431-2435
✉ ewilliams@adventistontario.org

Pastor Benjamin Rasool

☎ 416-856-3461
✉ brasool@adventistontario.org

1st Elder: Jason Muloongo
Church Clerk: Brenda Rasool
Church Secretary: Susan Schroder

jason@funda.ac
immanuelclerk418@gmail.com
416-223-1992

Church Office Hours:
Wed. & Thurs. 10:30 am to 2:00 pm

Ontario Conference Office
ABC Bookstore (Oshawa)
Canadian Union of SDA
ADRA Canada

905-686-5757
1-800-263-3791
905-433-0011
1-888-274-2372

Notices

- 1 UNITED PRAYER: 7:00 pm every evening.**
- 2 COMMUNION SERVICE: Last Sabbath, last month of Quarter**
- 3 CPR offered @ 10% discount, call 416-567-7092**
- 4 SENIORS MEETING: 4th Sunday of each month @ 1:00 pm**
- 5 BOARD MTGS: 2nd Monday of each Month @ 7:00 pm**
- 6 CHURCH BULLETIN: Send all info to immanuelsda@gmail.com (preferred) or by phone at 416-223-1992. Spell-Check before submission is appreciated.**

Health Nugget

Superfoods: Coconuts: Coconuts are an abundant source of medium chain fatty acids (MCFA). These fatty acids demonstrate antiviral, antimicrobial and antifungal properties. MCFA's break down the membranes of bacteria, yeast and viruses as well as disrupting their inner functions. Coconut oil when consumed or applied on the skin can help with fungal overgrowth due to its antioxidant properties and antimicrobial action. Coconut oil increases the body's ability to use and absorb vitamin E, phospholipids and omega-3 fatty acids. Combining coconut oil with raw nuts and seeds (almonds, hemp seeds, flax seeds, chia seeds etc), and marine phytoplankton is very beneficial.

Nazzaro, F., Coppola, F., Fratianni, F., & Coppola, R. (2026). Fatty acids as prebiotics and their role in antibiofilm activity. *Antibiotics*, 15(1), Article 57. <https://doi.org/10.3390/antibiotics15010057>
Marina, A. M., Che Man, Y. B., Nazimah, S. A. H., & Amin, I. (2009). Antioxidant capacity and phenolic acids of virgin coconut oil. *International Journal of Food Sciences and Nutrition*, 60(sup2), 114–123. [doi.org \[1\]](https://doi.org/10.1080/09637480802222222)



Seventh-day
Adventist® Church

IMMANUEL

God With Us

Together, A Gateway
To Christ for all

SEPTEMBER 12, 2026

**“Follow Me, and I will
make you...” Matthew 4:19**

418 Drewry Ave. North York, ON M2R 2K5

☎ 416-223-1992

✉ immanuelsda@gmail.com

🌐 immanuelsda.org

September 12, 2026

SABBATH SCHOOL

Bible Study & Share Time Theme:
"Not By Might, But By My Spirit"

09:20 - 10:50 am

John 8:32 NKJV

"And you shall know the truth, and the truth shall make you free."

9:20 Praise Time & Welcome	Victoria Serry
9:30 Sabbath School Lesson	Pastor Rasool
	Silvio Carnevali
	J. Prendergast
10:40 Mission Spotlight	Video
10:45 Closing Remarks	Victoria Serry

SUNSET TODAY: 7:33 PM NEXT WEEK: 7:20 PM

UPCOMING EVENTS:

BOARD MEETING: SEPTEMBER 14
CHRISTMAS BANQUET: DECEMBER 13

DAILY SABBATH SCHOOL STUDY

Sunday to Thursday 10-11 am via Zoom
Meeting ID 416-223-1992, PW 416-223-1992

WEDNESDAY: SEPTEMBER 16, 2026

Our Wednesday night Prayer Meetings are held on Zoom @ 7:00 pm.
Please join us as we study and pray.

OFFERINGS:

Please submit your offerings at church, online or e-transfer. **We need your help with the needs of our own Immanuel Church each month.** Please remember the Church Budget in your offerings. God bless. E-transfers to immanueltreasurer@adventistontario.org

September 12, 2026

WORSHIP SERVICE

10:50 am

Pastoral Time
Call to Worship
Invocation Song - Praise God From Whom
Invocation
Opening Hymn - Love at Home
Praise & Worship
Children's Story
Welcome
Offering Appeal - World Budget Radio Ministry
Intercessory Prayer
Scripture Reading - Matthew 5:13-16 NKJV
Music for Meditation
Introduction of Speaker
Sermon - The Freedom Mandate
Closing Hymn
Benediction

AFTERNOON

2:30 pm - Please join us as our Guest Speaker continues his presentation this afternoon in the sanctuary.

Elder on duty: Diana Achim
Pianist: Jonathan Carnevali
A/V Operators: Sofia & Mariana

Pastor Eustace Williams
Elder Diana Achim
#694
Neskens Jr, Dorcelus
#652
Carnevali & Friends
Neskens Jr, Dorcelus
Pastor Benjamin Rasool
Silvio Carnevali
Elder Diana Achim
Rachel McKenzie
Paz, Dany & Fredy Barriga
Pastor Eustace Williams
Neskens Jr, Dorcelus
Video
Elder Diana Achim



FOR MORE UPDATES SCAN ME

WELCOME

Excellence, Community, Hope, Oneness (E.C.H.O)

MISSION

We are a diverse family, growing in Christ as we welcome and serve our community.

WELCOME

A warm welcome to all who are joining us for worship today, in-person or online.. A very special welcome to our guest speaker, Neskens Jr. Dorcelus

NOMINATING COMMITTEE

The Nominating Committee will meet this afternoon @ 3:00 pm in the Loft.

BOARD MEETING:

The monthly Board Meeting of the Immanuel Church will resume after the summer break, on Monday, Sept. 14 @7:00 pm. All ministry leaders are invited and expected to be in attendance and to be on time. We will meet by Zoom. Kindly submit your agenda items to Pastor Williams by texting or by email.

QUARTERLY COMMUNION SERVICE:

Our third-quarter communion service will be held next Sabbath, Sept. 19th. All deacons (male & female), and church members are kindly invited to make the necessary preparations for this important service.

NEW BELIEVERS' CLASS

A New Believers' Sabbath School class will begin on Sabbath, Oct. 3. It will be held on the piano side, in the first two pews, and will run simultaneously with the other SS classes. This is designed only for the more recently baptized members and those considering becoming members of the Church family at Immanuel Church.

THANKSGIVING VOLUNTEERS 2026

This year, Thanksgiving will be held on Monday, October 12, 2026, from 1:00 p.m. to 5:00 p.m. We are asking for your support once again as volunteers. All volunteers must sign up in order to be recognized as volunteers for the day. A volunteer sign-up sheet will be available on the notice board at the entrance from the parking lot.

Volunteer Meetings: To ensure that everyone is prepared, there will be **two mandatory volunteer meetings**. Volunteers are required to attend one of the first two meetings, as well as the final preparation meeting.

Meeting Dates:

- Sabbath, September 19, 2026 - Volunteer Orientation and Instructions
- Sabbath, October 3, 2026 - Volunteer Orientation and Instructions
- Sabbath, October 10, 2026 - Final Instructions and Event Preparation

Thank you for your willingness to serve and support this special Thanksgiving event. We sincerely appreciate your time, dedication, and commitment to making this celebration meaningful for everyone. We look forward to serving alongside you!

PASTORS AWAY

Please note that both Pastor Williams and his wife and Pastor Rasool will be away from Immanuel Church on the weekend of Sept. 25-27, 2026. They will be attending a conference-planned retreat at the Deerhurst Resort. All urgent matters can be referred to the elders of the church.

CELEBRATION OF LIFE - KATALIN HORVATH

We are saddened to announce the passing of Katalin Horvath, mother of Brother Martin Horvath, who passed away on August 4, 2026, at the age of 90. A Celebration of Life Service will be held on Sabbath, September 19, at 4:00 PM at Immanuel Seventh-day Adventist Church. Please keep Brother Martin and the entire Horvath family in prayer through their time of bereavement.